

Free NHS Health Check Eligibility Criteria

- ♥ Aged between 40 and 74.
- ♥ Resident of Cambridgeshire or is registered with a GP surgery in Cambridgeshire *does not apply to those having a check at their regular place of employment*
- ♥ Not diagnosed with Hypertension (high blood pressure)
- ♥ Not diagnosed with Diabetes.
- ♥ Not taking statins. (treatment for high cholesterol)
- ♥ Not diagnosed with any sort of heart problem (angina, heart attack, heart failure, etc.).
- ♥ Not diagnosed with Coronary heart disease or any other heart condition.
- ♥ Not diagnosed with kidney disease.
- ♥ Not diagnosed with Atrial Fibrillation or Peripheral Arterial Disease.
- ♥ Not had an NHS Health Check in the last 5 years at GP Practice (if unsure please check with GP Practice before making appointment with the Outreach Clinic)